

Appendix D - Sample Letter from the Principal (Elementary) to Parents/Guardians re Students with Life-Threatening Allergies

Dear Parent / Guardian,

Within our school community **(can be adapted just for a classroom)** there are several students who have a potentially life-threatening allergy (anaphylaxis) to foods, predominantly to peanuts and tree nuts (e.g. almond, cashew, hazelnut, pistachio). We feel the best way to reduce the risk of accidental exposure to these students is to respectfully ask for the co-operation of the parents/guardians within this school community to:

(choose one or replace with wording for other allergens)

- a. avoid sending peanut butter or products with peanuts listed in the ingredients; and/or
- b. talk to your children about eating at a designated location/table where they may consume products containing peanuts or tree nuts.

Thank you for your understanding. While it is impossible to create a risk-free environment, we thank you for helping us to provide an 'allergy-safe' environment for children at risk of anaphylaxis.

Please contact me should you have any questions or concerns.

Yours truly,

Principal